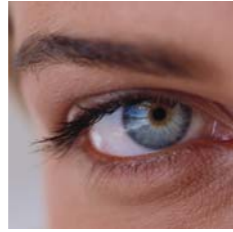


TREATMENT TARIFF

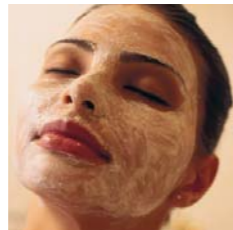
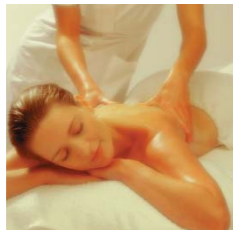


THE BEAUTY CLUB

PAMPER YOURSELF ALL YEAR ROUND FOR ONLY £45 A MONTH

Join the Beauty Club at the Macdonald Elmers Court Hotel & Resort and you'll enjoy £55 worth of treatments, free gifts, additional treatment and product discounts and advance notice of special in-house events.

Don't you deserve to be pampered? Let us look after you. Ask a therapist for your personal introduction to our exclusive Beauty Club.



GIFT VOUCHERS

Give the gift of beauty for any occasion with a vital beauty voucher. Gift vouchers can be purchased for any amount or treatment you would like. They can be purchased over the phone and sent to your home or visit the spa. All vouchers are valid for 3 months from date of issue.

STAY A LITTLE LONGER...

Why not extend your relaxation and spend the night at the Macdonald Elmers Court Hotel & Resort? Enjoy a fantastic dinner in one of our restaurants and unwind with a drink in the bar before retiring to one of our luxurious bedrooms.

Bed and Breakfast starts from only £90 per person based on two people sharing. Single supplements apply.

CANCELLATION POLICY

Please note that we require the following notice on cancellations or full payment will be required.

Spa Days 72 hours
Treatments 24 hours

Credit card details are taken to guarantee bookings.

TREATMENT TARIFF



HEALTH • FITNESS • BEAUTY



HEALTH • FITNESS • BEAUTY

Macdonald Elmers Court Hotel & Resort
South Baddesley Road, Lymington, Hampshire
SO41 5ZB

T 01590 646505
E beauty.elmerscourt@macdonald-hotels.co.uk
W www.macdonaldhotels.co.uk/elmerscourt

MACDONALD ELMERS COURT HOTEL & RESORT

vital

HEALTH · FITNESS · BEAUTY



At Macdonald Hotels we understand that each person is unique and has individual needs at different times, whether it is coping with the stresses of work or family life, relaxing and trying to put life into balance is essential for your well-being.



Vital Beauty at Macdonald Elmers Court Hotel & Resort is the place for you to lose your stress and invest in yourself. Relax in one of our beauty treatment rooms, listen to natural sounds while the finest of products are applied by our professionally trained therapists. We have carefully selected product houses of Decléor for your face and body needs and Jessica for your nails & feet.



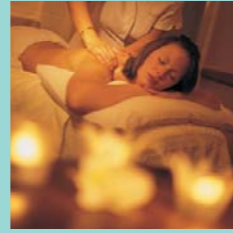
Surrender to your personal beauty therapist by reserving time and allow her to create a sequence of therapies and treatments to suit your immediate needs.

The following treatments and therapies have been created to assist in restoring balance and well-being in your life. To ensure we have the time to look after your every need we would recommend you phone or email us with your requests to ensure availability.

Please call 01590 646505



DECLEOR FACE THERAPY



AROMA PROGRAMME

Decleor's holistic approach to beauty offers you the ultimate aromatherapy experience, using the finest 100% natural essential oils. Each facial begins with a diagnostic back massage, unique to DECLEOR. This deeply relaxing massage enables your therapist to make an expert diagnosis of your skin and overall health in order to provide you with the beauty treatment most suited to your needs. Special Aromapressure massage and Aromadrainage massage techniques melt away tension to give immediate and long-lasting results.

'AROMASSAGE'

45 mins £40 Midweek £44 Weekend

The Relaxing Aromatic Facial - Decleor devotes its own special art of massage to your face. Relax and soothe your entire face, breathing new life into the skin. Using techniques exclusive to DECLEOR combining localised, gentle pressure with light sweeping strokes. The subtle and tactile precision of the massage melts with the powers of the aromessence rapidly inducing relaxation with remarkable benefits.

'ESSENTIALLY YOURS' AROMATIC FACIAL

1 hour £48 Midweek £52 Weekend

All Skin Types - The art of aromatherapy at its best. This highly personalised facial is the essential DECLEOR aromatherapy skincare experience. Specially designed to meet all your skincare needs, discover the rejuvenating and anti-ageing benefits of this multi-beneficial treatment. Using a combination of carefully blended essential oils suited to your skin type with a unique 100% natural multivitamin mask. Your skin is immediately hydrated, revitalised and rebalanced. You will see and feel a complete difference after your very first treatment - a radiant complexion and smooth skin.

AROMA EXPERT - THE SPECIFIC AROMATIC FACIAL

1 hr 15 mins £52 Midweek £55 Weekend

A high precision action facial, which targets the needs of each skin type. Even the most demanding skin is satisfied. Every Aroma Expert treatment offers a concentrate of targeted active ingredients with powerful properties. The results are stunning!

ALPHA + AROMATIC FACIAL

45 mins £48 Midweek £52 Weekend

Occasionally every skin type needs extra care and attention. If despite your regular treatments and skincare routine your skin appears dull and less smooth than usual, incorporate an Alpha + Aromatic Facial. Your skin will be smoothed, refined and be left radiant with health.

VITAL EYES

30 mins £24 Midweek £27 Weekend

A unique intensive anti-ageing eye treatment, that instantly melts away tension. Suitable for all skin types, this heavenly treatment soothes irritation, helps to decongest sinus problems, eliminates dark shadows and smoothes fine lines.

BRONZING FACIAL

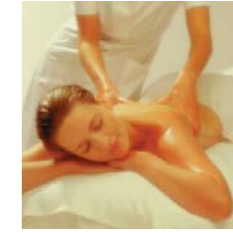
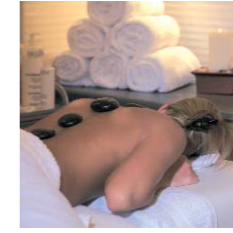
30 mins £29 Midweek £33 Weekend

An express facial, finishing off with an application of self tan. Leaves your skin with a natural glow.

Midweek - Monday-Thursday
Weekend - Friday-Sunday

Macdonald Elmers Court Hotel & Resort | TREATMENT TARIFF

DECLEOR BODY THERAPY



DECLEOR AROMATIC MASSAGE

These treatments combine oriental massage techniques with Decleor's warm aromatic massage balms for a personal prescribed treatment to suit your needs.

- **Detox** - Using detoxifying essential oils, eliminates toxins and refines skin.

- **Relax** - Melts away tension throughout the body

- **Tonic** - An anti-ageing and toning treatment.

- **Flow** - Stimulating and relaxing

1 hour £49 Midweek £54 Weekend

DECLEOR ENVELOPMENT MASSAGE

These luxury aromatherapy treatments, which maximises the benefits of the individual masks depending on your specific needs.

- **Detox** - Exfoliates, drains away toxins and breaks down fatty deposits leaving skin refined smooth and soft.

- **Relax** - Exfoliates and smoothes the entire body followed by a hydrating creamy mask

- **Tonic** - A combination of exfoliation, toning, firming and anti-ageing leaving skin toned, smooth and soft

Midweek - Monday-Thursday
Weekend - Friday-Sunday

- **Flow** - A refreshing and energising treatment that stimulates and invigorates taking away muscular tension.

1 hour £52 Midweek £57 Weekend

PERFECT CONTOUR

This intensive treatment targets stubborn areas of cellulite, the active ginger and caffeine with essential oils work to drain impurities.

1 hour £44 Midweek £48 Weekend

BODY POLISH

Exceptional skin softening body exfoliation combines sea salts, nourishing oils and essential oils to leave skin moisturised, smooth and soft.

30mins £28 Midweek £32 Weekend

PERFECT LEGS

The perfect antidote for tired, aching legs, this instantly eliminates swelling, relieves muscle tension and improves circulation.

1 hour £44 Midweek £48 Weekend

DECLEOR MOTHER-TO-BE

A carefully tailored treatment which helps to prevent the appearance of stretch marks, reduces water retention and re-balances pigmentation and complexion problems.

1 hour £52 Midweek £55 Weekend

DECLEOR SELF TANNING

Full Body
1 hour £45 Midweek £48 Weekend

Face, neck and shoulders
30mins £22 Midweek £26 Weekend

Legs only
30mins £22 Midweek £26 Weekend

Macdonald Elmers Court Hotel & Resort | TREATMENT TARIFF
*Back diagnostic massage on all full Decleor Facials excluding Express Facial

FINISHING TOUCHES



MANICURES AND PEDICURES

Luxury Manicure

45mins £23 Midweek
 £27 Weekend

Deluxe Manicure

55mins £28 Midweek
 £32 Weekend

File & Polish

15mins £10 Midweek
 £12 Weekend

Luxury Pedicure

45mins £24 Midweek
 £28 Weekend

Deluxe Pedicure

55mins £29 Midweek
 £33 Weekend

When having your fingers and toes pampered please allow time for drying and bring appropriate footwear with you.

Midweek - Monday-Thursday
Weekend - Friday-Sunday

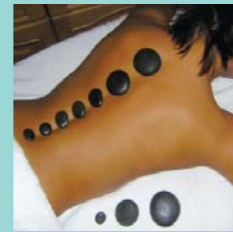
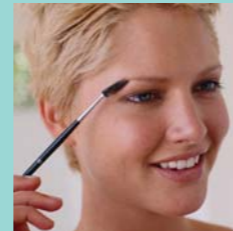
FINISHING TOUCHES

	Midweek	Weekend
Eye Lash Tint - 30mins*	£8	£10
Eye Brow Tint - 15mins*	£6	£8
Eye Lash/Eye Brow Tint - 30mins*	£10	£12

WAXING

	Midweek	Weekend
Full Leg including Bikini	£27	£30
1/2 Leg	£15	£17
Bikini Line	£10	£12
Under Arm	£10	£12
Forearms	£13	£16
Upper Lip	£7	£9
Chin	£7	£9
Lip & Chin	£10	£12
Eye Brow Shape	£7	£9

It is advisable not to have a heat treatment i.e. sunbed, sauna or steam before waxing.
*Tint test is required 24 hours prior to treatment.



HOLISTIC TREATMENTS



HOPI EAR CANDLES

45 minutes
 £25 Midweek
 £28 Weekend

REFLEXOLOGY

45 minutes
 £35 Midweek
 £40 Weekend

INDIAN HEAD MASSAGE

25 minutes
 £30 Midweek
 £34 Weekend

FULL BODY MASSAGE

Full body including back, legs, arms, hands and feet.
55 minutes
 £45 Midweek
 £50 Weekend

Midweek - Monday-Thursday
Weekend - Friday-Sunday

HOT STONE BACK MASSAGE

25 minutes
 £30 Midweek
 £35 Weekend

FULL BODY HOT STONE MASSAGE

1 hour
 £65 Midweek
 £70 Weekend

SCALP MASSAGE

25 minutes
 £25 Midweek
 £29 Weekend

BACK MASSAGE

Back, neck and shoulders.
25 minutes
 £23 Midweek
 £26 Weekend

